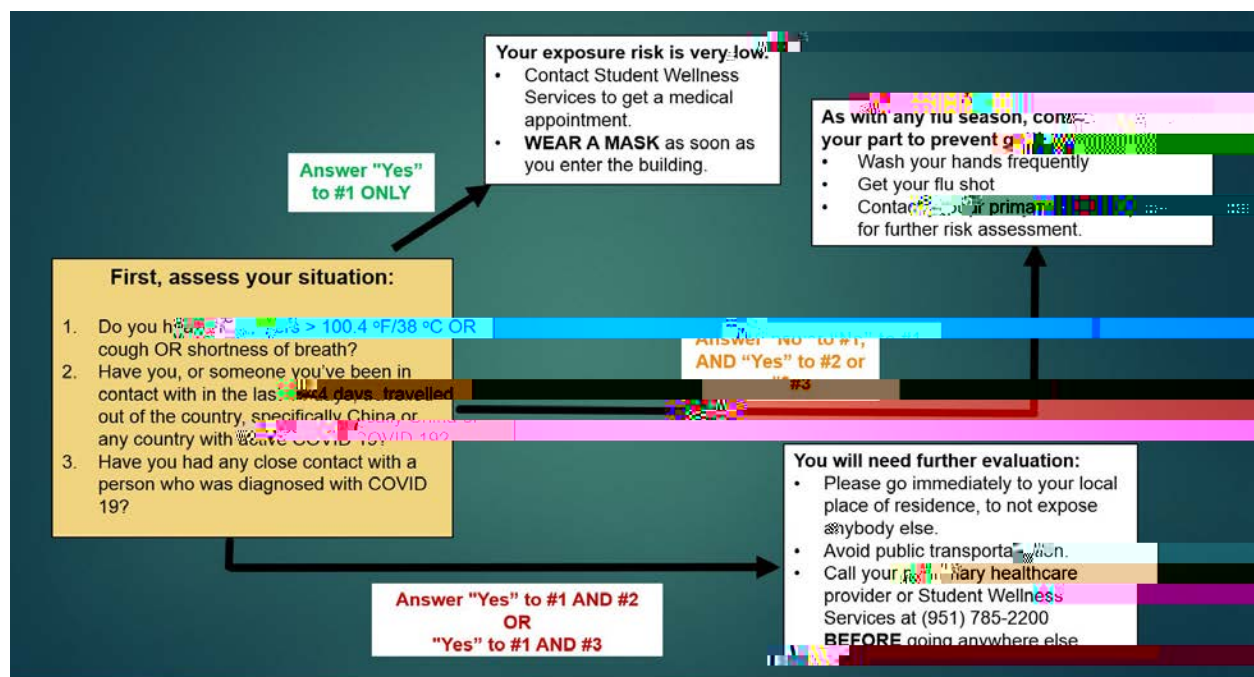# NOVEL CORONAVIRUS UPDATE

On March 4, 2020 California Governor Gavin Newsom (D) declared a state of emergency after the first death from coronavirus in Roseville, CA. Newsom's reasoning for this is that it "…will help the state further prepare our communities and our health care system in the event it spreads more broadly" (Budryk, 2020).

At this time there are still no confirmed cases of the novel coronavirus (COVID 9) in Riverside County. As the virus continues to spread, we encourage you to do your part to prevent infection and spread of disease. Wash your hands, cover your cough/sneeze, avoid touching your eyes, nose, and mouth, and stay at home if you're sick. More individuals in the U.S., will get infected as the virus spreads. However, most infected patients so far (80%) have experienced mild illness only according to a report from the World Health Organization (March 1, 2020).

Typically, human coronaviruses cause symptoms similar to the flu including:

   x   Fever
   x   Runny nose
   x   Headache
   x   Cough
   x   Sore throat

If you have concerns about your exposure to the disease, please follow the flow chart below for further steps:

You may call Student Wellness Services at 951-785-2200 for an over-the-phone risk assessment during regular business hours Mon.-Thurs., 8 a.m. to 5 p.m. and Fri 8 a.m. to 12 p.m. Once assessed, information will be provided as to next steps.

Please make sure to CALL STUDENT WELLNESS SERVICES FIRST, rather than walking in, to avoid spreading infection to others.

- *If you live on campus and cannot return home when ill, please remain in your dorm room.*

For more information about the coronavirus:

https://www.cdc.gov/coronavirus/2019-nCoV/summary.html#risk-assessment

References

Budryk, Z. (2020, March 4). California governor declares state of emergency over coronavirus. *The Hill*. Retrieved from https://thehill.com/policy/healthcare/486046-california-governor-declares-state-of-emergency-over-coronavirus

World Health Organization. (2020, March 1). Coronavirus Disease 2019 (COVID-19) Situation Report - 41. *World Health Organization Situation Reports*. Retrieved from